



Flushing-Fresh Meadows Jewish Center
 193-10 Peck Avenue ✦ Flushing, New York 11365 (718) 357-5100

THE BULLETIN

Sep-Oct 2017
 Vol: 16 No. 2

Elul-Tishrei 5778
 Rabbi Gerald M. Solomon
 Cantor Aaron Katz



Rosh Hashanah



Yom Kippur

Coming Events

Saturday, September 16
Selihoth Collation & Program at 8:15pm.
Services at 10:00pm
Light refreshments will be served

Rabbi Solomon and Cantor Katz. A dairy lunch will be served. Watch out for the Flyer
Limited seating each day
Cost per person \$25.00

Saturday, September 30
Break-Fast at approximately 8:00pm.
We will be serving a dairy meal consisting of bagels, cheese, fish & other delicacies.
Cost per person \$15.00

Sunday, October 22
Shirathon-Enjoy an afternoon of beautiful singing. Cantors from our neighboring synagogues will perform. Light refreshments will be served.

Monday, Oct. 9 & Tuesday, Oct.10
Sukkot Luncheon featuring a sing-a-long with

Thursday, October 26
Sisterhood Book Club "Karolina's Twins" by Ronald H. Balson

SCHEDULE OF SERVICES FOR SEPTEMBER AND OCTOBER 2017

Friday, Sept. 1

Mincha/Maariv.....7:00PM
Candle Lighting Time.....7:09PM

Saturday, Sept. 2

Parashat Ki Teitzei
Shabbat Services.....9:00AM
Shabbat Ends.....8:16PM

Friday, Sept. 8

Mincha/Maariv.....6:45PM
Candle Lighting Time.....6:57PM

Saturday, Sept. 9

Parashat Ki Tavo
Shabbat Services.....9:00AM
Shabbat Ends.....8:04PM

Friday, Sept. 15

Mincha/Maariv.....6:45PM
Candle Lighting Time.....6:45PM

Saturday, Sept. 16

Parashot Nitzavim/Vayeilech
Shabbat Service.....9:00AM
Shabbat Ends.....7:53PM

SELICHOT

Collation & Program.....8:15PM
Services.....10:00PM

ROSH HASHANAH 5778

Wednesday, Sept. 20-Erev Rosh Hashanah
Mincha/Maariv-High Holy Day Service .6:30PM
Candle Lighting Time.....6:37PM

Thursday, Sept. 21-First Day Rosh Hashanah

High Holy Day Services.....8:00AM
Mincha/Maariv.....6:30PM
Candle Lighting Time.....7:43PM

Friday, Sept. 22-Second Day Rosh Hashanah

High Holy Day Services.....8:00AM

SHABBAT SHUVAH**Friday, Sept. 22**

Mincha/Maariv
Shabbat Shuvah Services.....6:30PM
Candle Lighting Time.....6:33PM

Saturday, Sept. 23

Parashat Haazinu
Shabbat Shuvah Services.....9:00AM
Shabbat Ends.....7:40PM

YOM KIPPUR**Friday, Sept. 29**

Erev Yom Kippur-Mincha6:00PM
Official Candle Lighting Time.....6:22PM
Kol Nidre/Maariv.....6:15PM

Saturday, Sept. 30 Yom Kippur

Shacharit8:30AM
Yizkor.....12:00PM

Mincha.....4:45PM
Neilah.....6:15PM
Maariv/Havdalah/Shofar.....7:28PM

SUKKOT**Wednesday, Oct. 4 Erev Sukkot**

Mincha/Maariv.....6:15PM
Candle Lighting Time.....6:15PM

Thursday, Oct. 5-First Day Sukkot

Festival Services9:00AM
Mincha/Maariv.....T.B.A.
Candle Lighting Time.....7:16PM

Friday, Oct. 6 Second Day Sukkot

Festival Services.....9:00AM
Mincha/Maariv.....6:00PM
Candle Lighting Time.....6:11PM

Saturday, Oct. 7

Shabbat Chol Ha-Moed Services.....9:00AM
Shabbat Ends.....7:13PM

Wednesday, Oct. 11 Hoshannah Rabbah

Shacharit Services.....7:00AM
Mincha/Maariv Erev Shemini
Atzereth.....6:00PM
Candle Lighting Time.....6:03PM

Thursday, Oct. 12 Shemini Atzereth

Festival Services.....9:00AM
Yizkor Memorial Services.....10:45AM
Candle Lighting Time.....7:05PM

SIMCHAT TORAH**Thursday, Oct. 12**

Maariv/Hakafot.....7:30PM
Friday, Oct. 13 Simchat Torah/Hakafot

Festival Services.....9:00AM
Mincha/Maariv.....6:00PM
Candle Lighting Time.....6:00PM

SHABBAT BERESHITH**Saturday, Oct. 14**

Parashat Bereshith
Shabbat Mevarchim Services.....9:00AM
Shabbat Ends.....7:02PM

Friday, Oct. 20 First Day Rosh Chodesh Chesvan

Mincha/Maariv.....5:45PM
Candle Lighting Time.....5:50PM

Saturday, Oct. 21

Second Day Rosh Chodesh Cheshvan
Parashat Noach

Shabbat Services.....9:00AM
Shabbat Ends.....6:52PM

Friday, Oct. 27

Mincha/Maariv.....5:30PM
Candle Lighting Time.....5:40PM

Saturday, Oct. 28 Parashat Lech-Lecha

Shabbat Services.....9:00AM
Shabbat Ends.....6:43PM

Our Annual Break-Fast Meal

Join us for our annual Break Fast Meal . Last year was such a huge success and we hope to see you once again this year on September 30, 2017 upon completion of Yom Kippur services. Cost per person: \$15

We must receive your commitment by **September 12, 2017.**

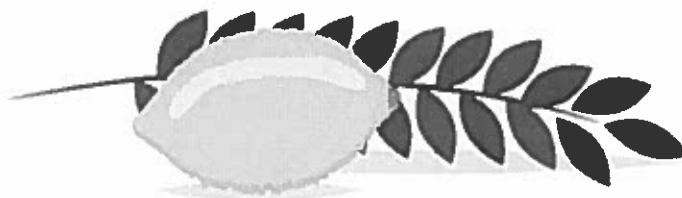
NOTE: Incorrect Zip Code on Flyer. Should be 11365.



Our Annual Succoth Luncheon

You are invited to join your friends on Monday, October 9th or Tuesday, October 10th to celebrate the Holiday of Succoth with a lunch in our beautiful Synagogue Succah!

Watch for the flyer
Limited seating each day



HERE'S THE NEWS

Center News

It was wonderful to welcome Bunie Veeder back at a Sunday morning Breakfast for another discussion of "Biblical Women Retrieved from the Margins." We learned about the wife of the Egyptian, Potiphar, who is unnamed in the Bible, and who tried to seduce Joseph. It was a stimulating morning appreciated by all those who were present.

At Shabbat Services on July 15th Dr. Sheldon Orenstein presented a program on aging. We all know that to keep our minds and bodies active is the best for our health. He ended his talk with a meaningful quote: "The mind is like a parachute, it only works when it is open." Stay healthy!

Excellent, Variety, Versatility, Magnificent Bravo! Such were the descriptive words following the recent violin concert by Albert Mulad on Sunday,

August 13. The superlatives keep on coming, a super treat, a wonderful program which was enjoyed by all.

New Members

Welcome to Steven Stenzler who recently joined our synagogue

Welcome to Karen Keiser, daughter of the late Dr. Lucille Friedman, a long time member of the Fresh Meadows Jewish Center

Welcome to Susan Monheit, sister of Michael Krutoy

Welcome to Dave Shenkoff and Marilyn Gindi friends of the Cohen Family.

Mazal Tov

To Katie Goldberg on the birth of her first Great Grand Daughter, Riley.

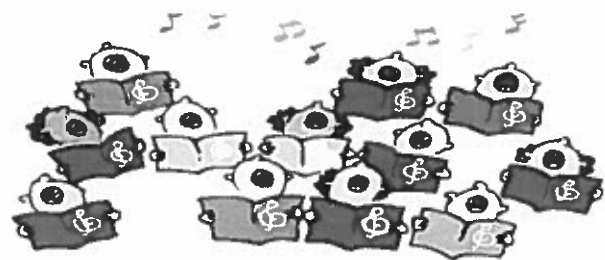
To Rabbi Salomon on his 45th anniversary in the Rabbinate.

To Janet Hiller a long standing member of the Flushing-Fresh Meadows Jewish Center on the occasion of her marriage to Eric Jacobowitz We wish them a long and happy married life.

Our 7th Annual Shirathon

*Shirathon is coming on
Sunday, October 22, 2017
at 2:00pm*

Flushing-Fresh Meadows Jewish Center is proud to host the 7th Annual Shirathon featuring noted area Cantors, Rabbis, Choirs and Accomplished Singers accompanied by Dr. Hadassah Gutman on the piano.



Watch out for the Flyer



Sisterhood Newsletter

On Thursday, July 20th we were privileged to hear Dr. Feliks Koyfman, Director of stroke services at New York Presbyterian Hospital, Queens. The most important thing we learned is that if you or anyone you are with exhibit any symptom of a stroke Call 911 immediately.

BE FAST: Balance Eyes Face Arms Speech Time

Remembering this could save someone's life in order that treatment can start as soon as possible.

Looking forward, plans are in place for the coming fall. Join us to celebrate Succoth in our beautiful Succah in the round on either October 9 or October 10. Space is limited, so respond as soon as possible when you get the flyer.

The book club is not meeting in September because of the holidays. On October 26, the book to be reviewed is "Karolina's Twins" by Ronald H. Balson. Meeting starts at 10:30AM. Book will be available at the Fresh Meadows Library.

Low Impact chair exercise class every Tuesday at 11 AM. All welcome.

Cards are available from the Center office for all occasions to benefit the Jewish Theological Seminary.

Save the dates: November 2, Lunch and program; November 16, Book Club; Dec. 14th, Chanukah Party, The Sisterhood Board wish all our members a Happy and Healthy New Year!

"The Simcha Cake Project"

Sisterhood has created a way of announcing special Simchas and other events to support the Torah Fund of the Jewish Theological Seminary. At each meeting, we will be able to announce our Simcha and have it published in the Bulletin with a minimum donation of \$1.00. This is in lieu of putting Tzedakah boxes on the tables. Torah Fund contributions ensure our legacy to future generations of Conservative Jews by training Rabbis, Cantors, Educators, Scholars and Lay Leaders.

The following was announced at the July 20, 2017 Sisterhood Meeting

Rosalie Weiner	Good Health to Anita Bernstein
Pearl Rosenthal	Good Health to everyone, speedy recovery to Anita Bernstein
Ellen Zilka	Congratulations to grandson Alex on his college graduation
Lynne Kirby	Bobby should feel better
Sandra Schwadron	To Anita Bernstein-best wishes for a full recovery
Susan Gastman	A wonderful rest of the summer to all
Bette Glasser	Stay cool-enjoy the rest of the summer
Joyce Warshowsky	Good luck to our precious country in these difficult times
Matilda Cohen	Wishing all our friends a happy healthy& prosperous ShanaTova
Joan Levine	A Happy and Healthy New Year to all
Marilyn Brown	Good health to all
Judy Levy	A speedy recovery to Anita Bernstein a swimtastic summer to all
Luisa Cvern	Happy summer to all
Katie Goldberg	On birth of Great-Granddaughter
Fran Goldstein	Good autumn to all & Happy Holidays

											
	<p>★ New Year's Greetings, 5778 ★</p> <p>"May you be blessed with a cornucopia overflowing with a harvest of Maasim Tovim"</p> <p>The following members and their families extend best wishes for the coming New Year to the Congregation of Flushing-Fresh Meadows Jewish Center.</p>										
											
											
											
											
											
											
											
											
											
											
											
											
											

Mark Astel & Family
Eva Beckhardt & Family
Ruth Beckman & Family
Inge Berger & Family
Anita Bernstein & Family
Sid Block & Family
Marilyn Brown
Carol Charles
Mordecai & Matilda Cohen
Ezra Cohen
Stuart Cohen
Luisa Cvern & Family
Edith Dressler
Irene & Byron Dresner & Family
David End, Carla, Biscuit & Rascal
Rabbi Mordecai Efron
Marsha Federman
Eleanor & Paul Frommer
Rita Gaber
The Gastman & Stahl Families
Bette Glasser & Family
Judith Gordon & Family
Katie Goldberg
Fran & Joel Goldstein
Robert & Zachary Greenberg
Mirta & Michael Greene & Sons
Diane Gusack
Gerty & Werner Isaac
Cantor Aaron Katz & Judy Kofin Katz
Lynne Kirby
Goldie & Stan Kerstman
Ephraim Klamka

Shirley Klein Syracuse
Charlotte Kohn & Family
Robin & Howard Korn
Enid Krell
Michael & Judy Krutoy
Ruth Lasky & Family
Johanna & Les Levine
Joan & Zach Levine
Judy & Walter Levy & Family
Flora Margolin & Family
Rochelle C. Mendelow & Family
Margot & Manny Nussbaum
Janet & Richard Pearlmutter
Blanche Rosenberg
Pearl Rosenthal & Family
Robert & Elaine Rubin
Jerry Sandell
Sandra Schwadron
The Seeligs
Lois Shenker
Michael Silver
Amiel Singer
Gigi & Ben Singer
Sisterhood of FFMJC
Rabbi Gerald Solomon
Sylvia Udasin & Family
Avery & Tena Umlas
Joyce Warshowsky & Family
Rosalie Weiner
Marilyn Weisel
Sam & Ellen Zilka & Family



RABBI'S MESSAGE

THE HIGH HOLIDAYS AND SELF IMAGE

The Holy Days of Rosh Hashanah and Yom Kippur represent many things to people. One of the things I have always been concerned about is the weight of guilt many feel about the past year's misdeeds. I am concerned about self-image. Going into the days of judgment, what is our frame of mind? How do we truly feel about ourselves. Are we burdened with unnecessary guilt? Are we engaged in self condemnation and deprecation or are we optimistic about the heavenly decrees we read and speak about in our liturgy? Self-image is defined as the idea one has of one's abilities, appearance (both physical and spiritual) and personality.

What does our own faith teach us about self image? From the Torah: "And you shall love your neighbor as you love yourself." Before we are able to love our neighbor, we must first be able to love ourselves. Self love, self esteem are essentials for our happiness and well being, We must see ourselves as beloved, if we are to become so. If one doesn't like oneself, one is spiritually deficient and chances are good that when one doesn't like oneself, others may not like that person either. Self love is a formula for success, self loathing is a formula for failure, which brings us to the next statement by our faith from prophetic literature, specifically the Book of Micah:

"It has been told you O man what is good and what the L-rd requires of thee, only to do justly, to love mercy and to walk humbly with thy G-d." Doing justly, loving mercy and walking humbly with G-d must all start with oneself. To do justly to others, one must do justly with oneself for one cannot deceive oneself but do justly to others. To be merciful with others, one must first be merciful with oneself. Showing oneself no mercy will render one unable to truly show mercy to others. The same is true when asking forgiveness from G-d or from each other. One cannot be forgiven completely by G-d or by our friends for our sins unless we are willing to forgive ourselves first.

From the Talmud we find a rabbinic dicta which teaches a similar lesson. Hillel said: "If I am not for myself, then who will be for me?" If I don't like me or care for me or think myself worthy of being forgiven, then why should anyone else? If I don't believe in myself, why should others believe in me? If I lack confidence, why should others be confident in me?

Yes, everything starts with the self. Our own self image as individuals and as Jews will determine to a very great extent our success or failure in all matters of life. It is definitely in our interest to work on improving the way we look at and think about ourselves as individuals and as a congregation. A positive self image is what we need to succeed in whatever we want to do in this life.

Following our period of introspection, contrition and increased humility which these days are designed to bring, I pray we will enter the new year of 5778 cleansed and purged of spiritual uncleanness, that we will enter the new year with renewed vigor and self confidence, with a new and improved self image and with joyous and loving hearts to meet the wonderful opportunities available in the new year. May it be so for all of us for all our loved ones and for all our people. Amen.

I wish all our members and friends a Ketivah V'Chatimah Tovah. May you be inscribed and sealed in God's Book of Life for a blessed new year. May it be a year for you, yours and all the House of Israel a year of good health, happiness, prosperity and peace - a year in which we will be blessed with everything that is good. Amen.

With love,

Rabbi G.M. Solomon

"Lessons" Our Parents Taught Us

My mother taught me Religion: "You better pray that will come out of the carpet."

My father taught me Logic: "Because I said so, that's why."

My mother taught me More Logic: "If you fall out of that swing and break your neck, you're not going to the store with me."

My father taught me Irony: "Keep crying, and I'll give you something to cry about."

My mother taught me about Doing the Impossible: "Close your mouth and eat your supper."

My mother taught me about Perseverance: "You'll sit there until all that spinach is gone."

My mother taught me about the Weather: "This room of yours looks as if a tornado went through it."

My father taught me about Exaggerating: "If I told you once, I've told you a million times, don't exaggerate!"

My mother taught me about Anticipation: "Just wait until your father gets home."

My mother taught me Ophthalmology: "If you don't stop crossing your eyes, they are going to get stuck that way."

My mother taught me How to Become an Adult: "If you don't eat your vegetables, you'll never grow up."

My father taught me about Justice: "One day you'll have kids, and they will be just like you!"

The Future of European Jewry

by Rabbi Lord Jonathan Sacks

Those who deny Jews or Israel their freedom will lose, or fail to gain, their own.

For the Jews of Europe, these are the best of times and the worst of times. Take British Jewry as an example.

In the past 20 years we have built more Jewish day schools than ever before in our 355-year history. Culturally, a community deemed moribund a generation ago boasts a cultural center, a community center in the making, Jewish Book Weeks, arts, music and film festivals, and an adult education event – Limmud – that has inspired offshoots in 50 other centers throughout the Jewish world.

Jews have achieved prominence in every field. Both parliamentary speakers, in the Commons and the Lords, are Jewish. We have had, in recent years, two Jewish lord chief justices, Jewish heads of Oxford and Cambridge, a Jewish editor of The Times and Jewish leaders of both the Conservative and Labour parties. Not only are Jews respected, but so is Judaism. The Jewish moral voice has become a significant part of the national conversation.

These are astonishing achievements. But they are clouded by the disturbing phenomenon of a new anti-Semitism spreading like a virus across Europe. This cries out for explanation. After all, after the Holocaust, if there was one thing on which people of goodwill throughout the world agreed, it was: Never again.

The entire post-war culture of the West – of the world – was tilted in that direction. Out of the determination that there should never be another Holocaust came the United Nations' Declaration of Human Rights, the concept of a "crime against humanity," the idea that racism is a vice, the movement for interfaith dialogue, and the historic shift in Christianity known as Vatican II, Nostra Aetate.

How, then, did anti-Semitism return to the very nations that pledged never to repeat it? The cynical answer is that it never died, it merely went underground. There is a shred of truth to this, but very small. As a line of reasoning, it is deeply misleading. For the new anti-Semitism is only secondarily aimed at Jews as individuals. Its real target is Jews as a nation-in Israel

What has happened in our time is an extraordinarily subtle phenomenon that can only be understood by traveling back two centuries to the age of Enlightenment and the French Revolution. For centuries, Europe had been disfigured by crude, theologically driven Christian anti-Judaism.

Jews were accused of poisoning wells, spreading the plague, desecrating the host and killing Christian children.

Jews were not the only victims of the Church; witches and heretics were burned as well. Then, following the Reformation, Christians started killing their fellow Christians in Europe's great wars of religion.

That was when thoughtful people said, "Enough." This led to the rise of science, the age of reason, the doctrine of toleration and eventually the emancipation of hitherto disenfranchised minorities, including the Jews. It was the most enlightened age in European history, and it was at this precise time, in Paris, Berlin and Vienna – the most sophisticated centers of all – that a new form of hate was born: racial anti-Semitism. As the deadliest virus the West has ever known, it led otherwise ordinary, decent human beings to do, or remain passive witnesses to, unspeakable acts.

That was not a simple phenomenon. The anti-Semitism of the 19th century was not the crude anti-Judaism of the Church. Similarly, the new anti-Semitism of the 21st century is not the racist anti-Semitism of the 19th and 20th.

It is not directed against individual Jews, but against Jews as a nation. It is not spread by conventional means, but by the new technologies of communication – websites, email, blogs and social networks – that are almost impossible to monitor & control.

Its most brilliant, even demonic, stroke has been to adopt as its most powerful weapons the very defenses created against the old anti-Semitism. It accuses Israel of the five cardinal post-Holocaust sins: racism, apartheid, crimes against humanity, ethnic cleansing and attempted genocide.

It is subtle, sophisticated and devastatingly effective.

It is designed to mislead, and it works. Israelis and American Jews see it as a threat to European Jewry, which it is, but only secondarily. The real target is Israel. It is an attack on Israel where it is most vulnerable, namely among the opinion-forming classes of Europe. If Israel is delegitimized in their eyes, that leaves only America, and the shrewd judgment of Israel's enemies is that, when it comes to supporting Israel, in the long run America will not go it alone.

This is a chess game more long-term and coldly calculated than people realize. It aims at the destruction of the Jewish state. To counter it requires a coordinated global Jewish response beyond anything thus far envisaged. Nor is it a battle that can be fought by Jews alone. Without allies, Jews and Israel will lose.

This means reframing the argument. Anti-Semitism is always a symptom of something more pervasive, an unresolved tension within a culture that starts by targeting Jews but never stops with them. It was not Jews alone who died at the hands of medieval Christianity, Czarist Russia, Nazi Germany or Stalinist Russia: it was freedom itself.

The same will be true in the 21st century. Those who deny Jews or Israel their freedom will lose, or fail to gain, their own.

Who Are the Palestinians? - Pinhas Inbari

*Chief Palestinian negotiator Saeb Erekat frequently claims that the Palestinians are descended from the Canaanites who lived in the land of Canaan before the Israelite tribes settled there. The name "Palestine" is not Arab. The Roman Emperor Hadrian named the land "Palestina" after defeating the Jewish Bar Kokhba Revolt in 135 CE, erasing the name "Judea" in order to negate any connection of the land with the Jews.

*According to Palestinian historian Muhammad Y. Muslih, during the entire 400-year period of Ottoman rule (1517-1918), "There was no political unit known as Palestine." In Arabic, the area was known as the holy land or southern Syria. After the First World War, the Palestinians defined themselves as part of Syria. The Zionists called themselves "Palestinians" - with institutions such as the Anglo-Palestine Bank and the Palestine Post - while the Arabs simply identified themselves as Arabs, with institutions such as the "Arab Higher Committee."

*Almost every Palestinian family describes its origins as either from Egypt, the northern Arabian tribes or Yemen. We did not find a single Palestinian family or tribe that referred to a Canaanite origin, including the Erekat tribe, which locates its lineage in the northern Arabian tribes. A study published in 2017 by the American Journal of Human Genetics reports that descendants of the Canaanites have indeed been found they are "modern Lebanese." The writer is a veteran Arab affairs correspondent for Israel Radio. (Institute for Contemporary Affairs-Jerusalem Center for Public Affairs).

To Secure Peace, Palestinians Must Accept Jewish History Yehudah Mirsky

*Any hope for a sustainable future requires Palestinians to accept the historic tie and sacred nature of the Temple Mount for Jews. Rather than denying Jewish history, Palestinians must instead construct secular political institutions

and partnerships with the many Israelis who would be glad to maintain a peaceful status quo on the Mount for the sake of a liveable Jerusalem. Absent this, the Palestinians will find themselves without Israeli partners, and peace, or even coexistence, will be ever harder to achieve. The writer, a former U.S. State Department official, teaches at Brandeis University's Schusterman Center for Israel Studies. (Washington Post).

**For Peace, the Palestinians Must Change Their Narrative - Brig.-Gen. (res.)
Yossi Kuperwasser interviewed by Sam Nurdin (BICOM)**

As long as the narrative of the Palestinians espouses a commitment to all of Palestine, it is clear they continue to refuse to accept Israel as the nation state of the Jewish people. The Palestinian narrative says there is no such thing as a Jewish people, and because of this, Palestinians argue that Jews should not be allowed a state of their own.

"Incitement" is the broad effort to incubate in the hearts and in the minds of Palestinians the following elements of the Palestinian narrative: That there is no Jewish people, that Jews don't have any sovereign connection to the Land of Israel, that Jews are a problematic people that should be demonized, that Israel is an apartheid state, that the struggle against Zionism should continue until the end of Zionism, and that any kind of activity to these ends is justified, including terrorism.

This narrative justifies the Palestinians paying salaries to terrorists and considering terrorists to be heroes. In the Palestinian narrative, the Jews cannot be victims and cannot complain about being attacked because they insist on living here.

Q: Is the status quo sustainable? Kuperwasser: Israel can manage the situation for a long time. The stupidest thing for us would be to insist on moving away from an unpleasant status quo to another status quo that is even worse. There is not much sense to all the ideas of unilateral moves that would give something to the Palestinians and enable them to carry out attacks from a better striking position. As long as nobody offers a preferable alternative, the situation is sustainable, and we will sustain it.

The reason the Palestinians have not changed their narrative - and the reason why there is no progress for peace - is because the Palestinians have never felt that there is an international expectation or pressure for them to change their narrative. Now there is a golden opportunity to make progress on this front because the new administration in the U.S. is willing to speak a different language to the Palestinians and the U.S. Congress is discussing the Taylor Force Act that calls upon Palestinians to stop paying salaries to terrorists.

(Brig.-Gen. (res.) Yossi Kuperwasser, former chief of the research division in IDF Military Intelligence and director general of the Israel Ministry of Strategic Affairs, is director of the Project on Regional Middle East Developments at the Jerusalem Center for Public Affairs.)

סְלִיחוֹת

SELIHOTH SERVICES

Selihoth are special prayers for forgiveness, said on fast days and also during the period proceeding Yom Kippur.

Our Selihoth program will begin at 8:15pm Watch a DVD of "Visions of Israel". Take an aerial pilgrimage to Israel-the world's only Jewish State and Holy Land to 3 major religions. Light refreshments will be served



The Selihoth Service this year begins on Saturday, September 16, 2017, at 10:00pm. Worshippers begin to examine their deeds of the past year, seeking forgiveness from God and promising to improve their behavior in the new year.

The prayers are specifically tailored to help worshippers to direct their hearts and minds to the process of Teshuvah (Hebrew word for repentance), the major theme for the High Holidays of Rosh Hashanah and Yom Kippur.

WHAT SHALL WE DO ABOUT ANTI-SEMITISM?

Dr. Yvette Alt Miller

Faced with this hatred and virulent anti-Semitism, what can ordinary citizens do? Here are four suggestions to help resist the increasing onslaught of extremist hate

1. **Speak out.** It can feel awkward to talk about sensitive topics, but it's crucial that we signal that hatred, bigotry and anti-Semitism are unacceptable. Elie Wiesel put this eloquently in his acceptance speech when he was awarded the Nobel Peace Prize in 1986: "We must always take sides. Neutrality helps the oppressor, never the victim. Silence encourages the tormentor, never the tormented. Sometimes we must interfere. When human lives are endangered, when human dignity is in jeopardy, national borders and sensitivities become irrelevant. Wherever men or women are persecuted because of their race, religion, or political views, that place must – at that moment – become the center of the universe."

2. **Form alliances.** Reach out to other communities and groups who will support us and speak on our behalf. Support local community organizations that form bonds with others. Remember, we're stronger when we stand together than when we're alone.

3. **Stay informed.** Groups such as the Anti-Defamation League and other human rights organizations can help you stay abreast of what's happening in your community and can offer ways to get involved locally to help combat hate.

4. **Strengthen your own Jewish identity today.** Sign up for a class at your local synagogue or JCC, commit to taking on a piece of Jewish observance, reach out to other people in your local Jewish community. The best answer to those who hate us is to be proud of who we are. As some people battle to weaken America's Jews, let's stand up and wear our Jewishness with pride, building ever more vibrant, thriving Jewish communities. This isn't something anyone else can do for us: it has to start with each one of us.

גמר חתימה טובה

*May you be inscribed
in the Book of Life*




SEPTEMBER, 2017

ELUL/TISHREI, 5777

SUN	MON	TUE	WED	THU	FRI	SAT
		On-Going Low-Impact Chair Exercise Class Tuesdays 11 to Noon			1 10 Elul 7:09 PM	2 11 Parashat Ki Teitzei Ends: 8:16PM
3 12	4 13	5 14	6 15 Rabbi's Classes Life Cycle of the Jew	7 16	8 17 6:57 PM	9 18 Parashat Ki Tavo Chai Elul Ends: 8:04PM
10 19	11 20	12 21	13 22 Rabbi's Classes Life Cycle of the Jew	14 23	15 24 6:46 PM	16 25 Parashot Nitzavim- Vayeilech Ends: 7:53PM Selichot Program 8:15pm Services 10:00pm
17 26	18 27	19 28	20 29 Erev Rosh Hashana 6:37PM	21 1 Tishrei Rosh Hashanah 7:43PM	22 2 Rosh Hashnah 6:33 PM	23 3 Parashat Haazinu Ends: 7:40PM
24 4	25 5	26 6	27 7	28 8	29 9 Erev Yom Kippur Kol Nidre 6:15pm 6:22 PM	30 10 Yom Kippur Yizkor 12noon Neilah: 6:15PM Havdalah/Shofar 7:28PM Meal: 8:00PM

OCTOBER, 2017

TISHREI-CHESHVAN, 5778

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 11 Tishrei	2 12	3 13 <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 5px auto;">On-Going Low-Impact Chair Exercise Class Tuesdays 11 to Noon</div>	4 14 Erev Succoth  6:15PM	5 15 Succoth 1  7:16PM	6 16 Succoth 2  6:11PM	7 17 Succoth 3 Chol Ha Moed
8 18 Succoth 4	9 19 Succoth 5 Succoth Luncheon at 12Noon	10 20 Succoth 6 Succoth Luncheon at 12Noon	11 21 Succoth 7  6:03PM	12 22 Shemini Atzeret Yizkor 10:45AM  7:05PM	13 23 Simchat Torah  6:00PM	14 24 Parashat Bereishith Ends 7:02PM
15 25	16 26	17 27	18 28 Rabbi's Classes God, Jews and History	19 29	20 30 Rosh Chodesh  5:50PM	21 1 Cheshvan Parashat Noach Ends: 6:52PM
22 2 Shirathon	23 3	24 4	25 5 Rabbi's Classes God, Jews and History	26 6 Book Club	27 7  5:40PM	28 8 Parashat Lech-Lecha Ends: 6:43PM
29 9	30 10	31 11				